

AMOS ENO GALLERY + BROOKLYN **ARTS** COUNCIL

present

“Self Healing”

a performance

by Kahori Kamiya

Sunday, March 19, 2023

3 p.m. – 4 p.m.

Amos Eno Gallery



Brooklyn, NY – Brooklyn Arts Council and Amos Eno Gallery is proud to announce an interactive performance event as part of Kahori Kamiya’s current solo exhibition, *Long Eclipse*. The event, titled *“Self Healing”*, will be a special opportunity for visitors to experience the technique of Reiki and promote relaxation, balance, and well-being. The performance will take place on Sunday, March 19, 2023, from 3 p.m. to 4 p.m. This free public event is being presented as a part of Brooklyn Arts Council's Neighborhood Clinic series, pop-up community activations of BAC's Wellness Studio.

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. During the performance, Kamiya, a certified Reiki healer, will perform reiki on participants, who will be seated in a quiet space within the gallery.

“We have been going through a challenging time for many reasons,” says Kamiya, whose work often explores physical and emotional healing. “I believe that art has the power to heal and inspire, and the

addition of this Reiki performance is a testament to our commitment to creating a holistic, multi-sensory experience for our visitors.”

Kamiya’s solo exhibition *Long Eclipse* features a series of sculptures and paintings that explore themes of transformation, growth, and healing. Her work stems from her Japanese cultural identity and experience of womanhood.

“We are thrilled to have Kahori Kamiya’s powerful and transformative work on display at Amos Eno Gallery,” said Ellen Sturm Niz, the gallery director. “The addition of the Reiki performance is a unique opportunity for visitors to connect with the artwork and themselves in a profound way.”

The exhibition will run from March 2 through March 26 at Amos Eno Gallery, open Thursdays through Sundays from 12 p.m. to 6 p.m. The gallery, located at 56 Bogart Street, is at the center of the Bushwick art scene, directly across the street from the Morgan Avenue L train stop. Amos Eno Gallery is free to visit and open to the public.

To attend this event, please pre-register at [Eventbrite](#).

For more information on the exhibition and “*Self Healing*” performance, please contact Amos Eno Gallery.

Media Contact:

Ellen Niz, Gallery Director
Email: amosenogallery@gmail.com
Phone: 718-237-3001



About Kahori Kamiya

Kahori Kamiya was born in Nagoya, Japan, and moved to New York, where she received her second MFA in Fine Art from the School of Visual Arts. She is a recipient of the Award from the Hudson Valley Museum of Contemporary Art, Puffin Foundation Grant, and ISCP residency that will start this April. Recently her works have been featured by Art Spiel, WMHT Public Media TV, and Transborder Art. Kamiya’s works are exhibited globally in Japan, Germany, England, Spain, Poland, Russia, Estonia, Australia, Canada, and the United States and collected in Japan, the US, and Israel.

About Amos Eno Gallery:

Founded in 1974, Amos Eno Gallery is one of New York City’s longest operating artist-run gallery spaces and provides a full season of exhibits by emerging and mid-career artists working in visual, performance, installation, interactive, and/or digital media/video. The non-profit gallery’s mission is to provide a space for experimentation and growth, promoting dialogue and collaboration between artists and the community.

About Brooklyn Arts Council’s Wellness Studio

This program is part of [BAC Wellness Studio](#), a hybrid program from Brooklyn Arts Council that provides space for the well-being of Brooklyn’s creative community.

Image: *Mystic Body*, oil on canvas, 18 x 14 inches, 2022, by Kahori Kamiya.

56 BOGART ST, BROOKLYN, NY 11206

THU – SUN, 12-6 • 718-237-3001 • AMOSENOGALLERY@GMAIL.COM • AMOSENO.ORG